

# Food Larders

The Food Larder is a community larder run by volunteers for the benefit of their local community. It is a membership scheme aimed at helping people make their money go further by reducing food shopping bills (members can make a considerable saving each year).



A bag will be prepared in advance, and the Food Larder strives to offer a variety of products which can top up their cupboards and fridge.

It is estimated that the “bag” will hold an average of £10-£15 worth of products (dependent on household size). A typical bag can include some of these items: Pasta, rice, coffee, tea bags, tinned meats, tinned fish, tinned desserts, soups.

Fresh fruit and vegetables are also included and some fridge products such as meat, raw/cooked and dairy may be included. Clients will need to bring suitable bags, including a cool bag.



The Food Larders are in regular locations, at the same day and time each week (see table overleaf).

A Fareshare Van will arrive at the location and volunteers will serve customers on a first come, first served basis.

## How to become a member?

To apply for membership, a Fareshare application form needs to be completed and proof of ID and address needs to be provided.

Applications forms can be requested by emailing [FSSouthernCentral@fareshare.org.uk](mailto:FSSouthernCentral@fareshare.org.uk), or as a client you can provide a form, or they can fill out a registration form at any Food Larder there and then, and pay and collect their food at the same time. Forms need to be returned to FareShare Southern central, Unit 1 Sunset Business Park, Totton, SO40 3WX. FareShare will contact the client when they can start using the Food Larder. All details given by the client is held by FareShare and not shared with third parties.

## How to pay?

Payments are made by cash at the Food Larder.  
No payments are made online.

## How much is the membership?

Memberships vary and are dependant on the size of the household.

- **Single person** **£2.50 per week**  
10 products per week, plus fruit and vegetables
- **Person household** **£3.50 per week**  
15 items, plus fruit and vegetables
- **4 Person household** **£5.00 per week**  
25 items, plus fruit and vegetables

## Where can I find a Food Larder

Where	When	Time
<b>Marchwood</b> Village Hall, SO40 4SX	Monday (from the 25th January 2021)	12.30 - 2pm
<b>Ashley Hub</b> Baptist Church, New Milton BH25 5AA	Tuesday	9.30am - 11am
<b>Hythe</b> St Anne's Community Centre, Hythe, SO45 3QR	Tuesday (from the 26th January 2021)	12.30 - 2pm
<b>Totton</b> Testwood Baptist Church, 283a Salisbury Road Totton SO40 3LZ	Wednesday	9.30am - 11am
<b>Pennington</b> St Marks Community Hall SO41 8GN	Thursday	1pm - 2.30pm
<b>Blackfield</b> Queen Elizabeth Recreation Centre, Blackfield, SO45 1YP	Thursday (from 28th January 2021)	9.30 - 11am
<b>Calshot</b> St Georges Hall, Calshot, SO45 1BN	Thursday (from 28th January 2021)	12.30 - 2pm
<b>Ringwood</b> Leisure Centre BH24 1PX	Friday	1.30 - 3pm

Food Larder Partners



New Forest

